

Preparation for Adulthood Curriculum Map

 utopia	Pathway	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
ILS	Stage 1 (Personal)	Cooking - Make your own 3 course meal	Personal Health - laundry and appearance		Transport - Planning and executing travel with a group and teacher	Emergencies - planning for what you do in an emergency	Community - getting to know the local area and how to use it
	Stage 2 (Social)	Housekeeping - how to keep your place clean and tidy	Citizenship - linked to parliament week. Why we vote?	Cooking - Food management. Plan a week of meals or make a meal for four.	Transport - Bike and car maintenance	Pregnancy - developing an understanding of family planning	
	Stage 3 (Independence)		Cooking - eating out	Money Management - having a budget and saving	Transport - Planning and executing travel independently	Housing - Developing an understanding of buying and renting houses for the future	Community - Developing independence in the community
PSHE	Stage 1 (Personal)	Managing Feelings	Self-Awareness	Self-Care, Support and Safety	Changing and Growing		The World I Live in
	Stage 2 (Social)	Self-Awareness and Managing Feelings	Self-Care, Support and Safety	The World I live in		Healthy Living	Changing and Growing
	Stage 3 (Independence)	Self-Awareness and Managing Feelings		Self-Care, Support and Safety	Changing and Growing	The World I Live in	Healthy Lifestyles
Careers	Stage 1 (Personal)			What are my values and skills?		Setting goals for the future	
	Stage 2 (Social)				Community, Employment, Rights to work		Developing job searching skills
	Stage 3 (Independence)	Post 16 options and application process	College Applications				